

“BACK IN ACTION” CARNEY 2022 WALKATHON

Dear Parents/Guardians of

Our annual Walkathon will be held on Friday, October 14, 2022. This year we will be walking from the school thru Traboulay PoCo Trail to DeBoville Slough and back to the school (15km walk). The Walkathon is one of our biggest fundraising events of the year. It is also a fun event for all those involved -- from our students and staff who walk, to our parent volunteers. This yearly fundraising event provides us with an opportunity to promote physical fitness and school spirit, and also provides us with much needed funds to enhance our school. Some of the projects that have been funded by the walkathon include: outdoor picnic tables, bleachers on the school field, school busses, weight room upgrades, Home Ec. room upgrades and the installation of a new HVAC system which occurred over this past summer.

Collecting Pledges: Please find attached your child's Walkathon pledge sheet. Students are encouraged to ask family and friends to make a donation. This year we will continue to use an online donation system with Chimp, which is a web-based tool focusing on charitable organizations in Canada that makes donating easy. The link will be made available on our school website acrss.org. Simply share the link with your family and friends. Credit card donations are made securely, and Chimp will immediately provide a charitable tax receipt for all donations of \$25 or more. Also, you will be able to note the student(s) you are sponsoring when you make your donation. We would like to strongly encourage the use of online donations as it is much easier to track.

Cash and cheque donations of \$25 or more are eligible for a tax receipt. (Tax receipts will be issued only if full name, address, including postal code, is filled in on the pledge sheet). Pledge forms and monies are due into the school no later than Thursday, October 20, 2022, to qualify for any prizes.

Individual Student Incentives:

Category 1 (\$100)	Category 2 (\$101-\$199)	Category 3 (\$200 +)
Navy Gym bag with ACRSS Logo	Navy Gym bag with ACRSS Logo	Navy Gym bag with ACRSS Logo
1 ticket for raffle draw	2 tickets for raffle draw	4 tickets into raffle draw

Top 5 students

5 students who return the most money will receive a prize

Top Runners

First 3 runners to finish will receive a prize

Top Class Incentives:

Top Flex Class Prizes

- for the flex class that brings in the most pledges combined - Pizza Lunch
- for the flex class that brings in the 2nd highest pledges combined – Non-Uniform Day
- for the flex class that brings in the 3rd highest pledges combined – Frozen yogurt

School Prize:

If we meet our goal of \$40,000.00 the whole school will receive a DAY OFF!

It is our hope that all families will support this important fundraiser. Remember, every dollar raised will contribute to providing valuable school projects.

Our Walkathon is a great community-building event for our school. The funds raised will directly improve the student experience and instill the value of hard work towards a common goal. Upon their return to the school each student will receive a hot dog and drink. The Walkathon is an early dismissal day with no regular classes. Once students are finished, they are dismissed for the day.

Thank you for your continuing support and generosity.

Sincerely



Mr. Pierre Nolet





ARCHBISHOP CARNEY REGIONAL SECONDARY SCHOOL OFF-SITE ACTIVITY RISK FORM

To the Parent(s)/Guardian(s) of

Please read the contents of this Consent and Acknowledgement of Risk form.

PROGRAM/ACTIVITY INFORMATION

DESTINATION/ACTIVITY: Walking to and from DeBoville Slough, Port Coquitlam (15km)

DATE: Friday, October 14, 2022 8:15am - 1:00pm (or when finished)

PURPOSE OR EDUCATIONAL GOAL(S): Walkathon, Physical Fitness, Teamwork, Collaboration

METHOD OF TRANSPORTATION: Walking with classmates and teachers

LEAD TEACHER: Mr. Nolet

TOTAL NO. OF SUPERVISORS PLANNED: All Staff and 12 parent volunteers (at designated stations)

WHAT TO BRING: Students are to dress comfortably and in runners, bring a jacket and a snack that can be carried in a pocket, and a water bottle. WE WILL WALK RAIN OR SHINE. PLEASE DRESS APPROPRIATELY FOR THE WEATHER

RISK MANAGEMENT

The school will make every reasonable effort to ensure or ascertain that:

- The staff, volunteers and/or service providers involved are suitably trained and qualified.
- The students are adequately supervised over all aspects of the program/activity.
- Teacher & Parent volunteers supervise the students while they are on the walk and while they are at school.
The students will be given a map card to carry. They will have to check in at 7 checkpoints along the walk.
The route is clearly marked on the card. There will be supervisors at the school, on foot, on bikes and in cars
- The location(s) used are appropriate and safe for the activity(ies) and group.
- A Safety Plan is in place to identify and manage known potential risks.
- An Emergency Plan is in place to deal with an injury or illness to any of the students.

POTENTIAL KNOWN RISKS

Potential known risks include the following:

- Pedestrian Incident
- Injuries related to trips and falls
- Students may get blisters on feet
- Students may encounter conflicts with students from other schools
- Students may choose not to follow directions and may get lost

PERMISSION FORM

- Walkathon Day is a regular school day, and all students are expected to participate in the walk or be present at school
- Students who have injuries or disabilities and are unable to participate in the walkathon, are expected to assist at the school on the day of the walk. These students are expected to still get pledges and a staff member will walk for them
- Parents who do not agree with their son/daughter participating in the walkathon, are to notify Mr. Nolet by email at nolet@acrss.org