



ARCHBISHOP CARNEY REGIONAL SECONDARY SCHOOL
1335 Dominion Avenue
Port Coquitlam, BC
V3B 8G7

2022-2023 ACRSS Bell Schedules

Regular Schedule			Flex Day Schedule (Thursdays)		
Block 1	7:10-8:15	65 min	Block 1	7:10-8:15	65 min
Block 2	8:20-9:40	80 min (Prayer)	Block 2	8:20-9:25	65 min (Prayer)
Block 3	9:45-11:05	80 min (Announcements)	Block 3	9:30-10:35	65 min (Announcements)
Break	11:05-11:15	10 min	Break	10:35-10:45	10 min
Block 4	11:20-12:40	80 min	Block 4	10:50-11:50	60 min
Lunch	12:40-1:20	40 min	Lunch	11:50-12:30	40 min
Block 5	1:25-2:45	80 min	Block 5	12:35-1:35	60 min
Block 7	2:50-4:30	100 min	Flex (Blk 6)	1:40-2:45	65 min
			Block 7	2:50-4:30	100 min

Friday Early Dismissal Schedule		
Block 1	7:10-8:15	65 min
Block 2	8:20-9:30	70 min (Prayer)
Block 3	9:35-10:45	70 min (Announcements)
Break	10:45-10:55	10 min
Block 4	11:00-12:10	70 min
Lunch	12:10-12:45	35 min
Block 5	12:50-2:00	70 min